



ENERGY MEDICINE DEFINED

To understand the concept of medicine in an integrative and holistic way, one must redefine "medicine." The medicine referred to in this website and within the context of the fulfillment programs of Inner Currencies Consulting, is anything that improves one's connection to the mystery of life in relationship with your overall well-being. This includes an awareness of one's inner spirit in relatedness to emotional, mental, physical, and spiritual well-being, no matter the belief system or religion. This medicine is also anything that brings personal power, strength, and deeper understanding. It is a lifestyle that brings healing to the planet and to all of our associates, family, friends and fellow creatures. It is an all-encompassing "way of life," because it involves participating in the delicate relationship between the Earth in harmony with the Universe.

Numerous cultures describe a matrix of subtle energies that support, shape and animate the physical body, called *Qi* or *Chi* in China, *Prana* in the Yoga tradition of India, *Yesod* in the Hebrew Kabalistic tradition, *Ki* in Japan, *Baraka* by the Sufis, *Wakan* by the Lakota, *Orenda* by the Iroquois, and *Holy Spirit* in the Christian tradition. It's hardly a new idea that subtle energies operate in tandem with the congealed energies of the material body. These energies form the foundation for your health. They are your body's fuel and atmosphere. It's important for you to access this natural capacity with a conscious involvement in your health if you are to truly prosper. Energies that are more subtle than we've known how to measure scientifically also dwell within and around you and they are the key to energy medicine.

ENERGY MEDICINE IS TIMELESS

Energy medicine is the art and science of life – fostering physical, psychological, and spiritual health and well-being. Energy medicine is natural and accessible. It is both contemporary and ancient in origin. The term and approach is being introduced in many ways today, ranging from the introduction of ancient methods into modern cultures, such as Shamanic, Reiki, Tantra, Chi-Gong, and Yoga – to name only a few healing and transformational practices. Also, the use of spiritual and vibrational remedies, such as homeopathy, colour therapy, and flower essences. There are also a growing number of approaches whereby an understanding of the body as a system of energies is being applied for promoting health, healing, and happiness.

ENERGY IS EVERYWHERE

As all living things within this universe have the same creative impulses and building blocks of life – the atom – it is a quantum connection and common denominator of each atom, which is the creative force that lives within the mystery of Spirit. It is the teachings of these truths that have brought all spiritual teachers to understanding of something greater than their local self, and it is these same truths that may open this doorway for you. Our Luminous Energy Field has existed since before the beginning of time. It's one with the invisible Light of Creation and it will endure eternally, dwelling outside of time and continuously manifesting in time by creating a new physical form within each embodiment of living experience. This luminous field is a universal cosmology of which many sacred texts of many religions make reference to as an invisible or mystical realm.

The blueprint that shaped and molded us from within our mother's womb contains the memories of all our soul journeys into realms of life experience – our pre-life experience from within the womb, both at conception and during gestation. These are forces of energy that sweep through our life like a giant wave with a strong undertow. These imprints contain directional instructions that predispose us to repeating certain events from the past. We can discern these constellated imprints in the Luminous Energy Matrix and dissolve these impediments and energetic contractions, so that the body, mind, and spirit can return to complete well-being - a life of vitality, clarity, and wonder that is synchronized with a deeper destiny.

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studio 905.967.0550
mobile 416.917.6000
begin@innercurrencies.com



SUSTAINING LIFE

In today's anxious world, our field is under a continuous barrage of negativity and numerous stress factors. The defense systems of the luminous field can become overwhelmed and no longer inform the immune and endocrine system in a clear and direct communication that supports our well-being. Without direct attention, these obtrusive energies can crystallize in the central nervous system, or embed in the physical body if given enough time. Through direct awareness and energetic pulsation, these crystallized energies can be dissolved and healed.

Something as simple as deep relaxation can transform congealed imprints to bring about healing at the source of the blueprint level of your being. Every imprint in the Luminous Energy Field is linked to a chakra (energy center) through which it releases its toxic data into the central nervous system. The imprint is the source of challenge, the chakra the pipeline, and the nervous system the communication network that informs the body. Ultimately, this sets the tone for our personal energetic field that engenders our life circumstances.

RECLAIMING LIFE

Every life challenge is a window of opportunity to discover and acknowledge the treasure within. Fulfilling relationships, radiant babies, meaningful careers, spiritual transformation, and overall well-being, are the gifts offered in return to the world in gratitude for being alive!

There may be only a few major healing themes in your entire life, all of which stem from an original wound. We journey to the source of the wounding that caused your soul to fragment and derail the course of your destiny – replaying itself through many guises. To reconcile these cross-over energies is to release the invisible burdens and reclaim your original power for vitality, clarity, radiance, and skillful action in your everyday life that is brimming with joy, peace abundance and adventure.

YOU are a matrix of various luminous energies that are either communicating in harmony or dis-harmony. The first practitioner of energy medicine is YOU, the one who inhabits the body being cared for by another. Using the principles of energy medicine, you can optimize your body's natural capacities to heal and remain healthy. You can manage your energies to more effectively meet stress, reduce anxiety, and free yourself of many ailments. To cultivate these abilities, you will be learning a language your body already knows and understands – the language of energy. Energy is the common medium or bridge of body, mind, and spirit. Its wavelengths, rates of vibration, and patterns of pulsation form the shared vocabulary, much akin to tone and tempo in the language of music. If you are to live fully alive, then it is your mandate to learn to live in conscious partnership with your body's energy system that has a natural order and harmonious collaboration of intricate parts.

THE FACILITATOR

Since my introduction to Essences during my personal healing journey to reproductive health, fertility, motherhood and embodied abundance – through world travel, my exploration into both eastern and western spiritual lineages of transformation offered opportunities to study with master teachers in a variety of natural and non-ordinary healing systems. I've integrated this ancient wisdom and training into my protocols that I offer in specialized fulfillment programs to my clients and students.

I specialize in Primordial Energy Medicine and psycho-spiritual dynamics for personal and planetary transformation. I've never been drawn to a set formula or approach. Each person is unique. Each client takes me on a journey of discovery and transformation. My spontaneous method of guidance has been inspired and empowered by many systems and drawn deeply from my own instincts, intuitions, and revelations. With each new client, I'm offered a fresh view and understanding about energy, healing, and the requirements of the soul for complete well-being, as their journey presents itself to me. I also cherish, acknowledge, and take confidence in knowing that the body is designed to heal itself, so I tap into this language of extraordinary intelligence.

It is my work to meet you where you are and attune to your Essence – your boundless spirit, the Energy that presents in expansion or dissolution into the infinite and universal, and the Evolution of one's life that is found in time in relationship to the challenges that are inviting a soul original solution!

Life challenges are specific to unique energy patterns. Inner Currencies Consulting specializes in personal evolution through multi-dimensional transformation, deepening understanding, and guidance for the journey of Fertility, Conscious Pregnancy, Intimate Relationships, and Life Destining with respects to vocational evolution and the co creative emergence of the human spirit.

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